

# A Clean Home Is a Happy Home

## *Cleaning Checklist*

### DAILY

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|--|---|
| <input type="checkbox"/> MAKE BEDS                 | <input type="checkbox"/> PICK UP CLUTTER & PUT AWAY         |
| <input type="checkbox"/> PUT CLEAN DISHES AWAY     | <input type="checkbox"/> PICK UP LAUNDRY & PLACE IN HAMPERS |
| <input type="checkbox"/> LOAD DISHWASHER           | <input type="checkbox"/> SWEEP FLOORS                       |
| <input type="checkbox"/> PUT AWAY TOYS & GAMES     | <input type="checkbox"/> TAKE OUT TRASH                     |
| <input type="checkbox"/> WIPE DOWN COUNTERS & SINK | <input type="checkbox"/> SORT MAIL                          |

### WEEKLY

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|---|---|
| <input type="checkbox"/> CHANGE BED SHEETS & BLANKETS | <input type="checkbox"/> CLEAN OVEN & MICROWAVE   |
| <input type="checkbox"/> VACUUM CARPETS & RUGS        | <input type="checkbox"/> WIPE DOWN APPLIANCES     |
| <input type="checkbox"/> MOP FLOORS                   | <input type="checkbox"/> CLEAN TOILETS            |
| <input type="checkbox"/> DUST FURNITURE               | <input type="checkbox"/> CLEAN SHOWERS & BATHTUBS |
| <input type="checkbox"/> DEEP CLEAN KITCHEN           | <input type="checkbox"/> CLEAN MIRRORS            |

### MONTHLY

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|--|--|
| <input type="checkbox"/> CLEAN FRIDGE          | <input type="checkbox"/> DISINFECT/SANITIZE TRASH CANS |
| <input type="checkbox"/> WIPE KITCHEN CABINETS | <input type="checkbox"/> WASH PILLOWS & BLANKETS       |
| <input type="checkbox"/> CLEAN WINDOWS & DOORS | <input type="checkbox"/> CLEAN BATHROOM CABINETS       |
| <input type="checkbox"/> DECLUTTER CABINETS    | <input type="checkbox"/> WASH BATH RUGS                |

### YEARLY

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|---|--|
| <input type="checkbox"/> DEEP CLEAN UPHOLSTERY  | <input type="checkbox"/> WASH WINDOW BLINDS & CURTAINS |
| <input type="checkbox"/> DEEP CLEAN CARPETS     | <input type="checkbox"/> EMPTY AND DECLUTTER SHELVES   |
| <input type="checkbox"/> CLEAN STORAGE AREAS    | <input type="checkbox"/> CLEAN AIR CONDITIONERS        |
| <input type="checkbox"/> SCRUB FRIDGE & FREEZER | <input type="checkbox"/> WASH DUVETS & BLANKETS        |